

# DeClutter Your Life!

Attention: CoDA Members Only:  
The 21<sup>st</sup> Annual New England CoDA  
Convention in November, 2012  
Needs *YOUR CLUTTER*

for our FABULOUS, AMAZINGLY WONDERFUL,  
WORLD FAMOUS  
**RAFFLE!**

Please Contact Crystal Z.

e-mail her at [zinglercs@gmail.com](mailto:zinglercs@gmail.com)

to arrange dropoff details

or give your items to your GSR to drop off at the board meeting

(dates of meetings and directions at: <http://www.necoda.org/PDFDocs/DirectionsToNEIntergroup.pdf>)

**GSRs: Tell everyone at your  
meeting!**

***Here are some useful anti-clutter affirmations:***

- ☞ Once someone gives me something, they no longer have any say in what happens to it!
  - ☞ I keep only what I use, and have space for!
  - ☞ When I add a new item, I release an old one.
  - ☞ I feel cared for when my space is free of clutter.
- ☞ I can photograph 'stuff' that carries memories, keep the photo and get rid of the stuff!!!